



# SUMMER EXPRESS LUNCH

AVAILABLE MONDAY – SATURDAY 12PM – 3PM

\*Express Lunch menu is not available on bank holidays

## — FRESH FOCACCIA TOASTED SANDWICHES —

Served with French fries

ALL £9.95

### CAPRESE PROSCIUTTO

Mozzarella, prosciutto ham, sundried tomatoes, basil pesto with peppery rocket leaf (n)

### CLUB SANDWICH

Chicken, lettuce under bacon with tomato and a little mayonnaise

### GOATS CHEESE

Honey poached figs, caramelised onion and goats cheese (v)

### FRENCH DIP FOCACCIA

Steak sandwich lovers must try, shavings roast beef, fried onions, topped with emmental cheese toasted on the sandwich press, served French style beef dipping sauce

1 Course £12   2 Course £15   3 Course £19

## STARTERS

### BREADED MUSHROOMS

Crispy miso braised mushrooms, aubergine garlic butter, mushroom and black truffle puree (vg) (v)

### CHICKEN LIVER PARFAIT

Wine poached apricots, charred sourdough (gfo)

### KING PRAWN TEMPURA

Spicy cocktail sauce

## MAINS

### RUMP 225g

Grilled grass fed beef, unique basting marinade, served with chunky chips or house salad (gf)

### STEAK TAGLIATA

Char-grilled steak, slow roast tomatoes, fresh summer tomatoes, shaved parmesan, wild rocket and balsamic pan juice dressing (gf)

### CHAR-GRILLED CHICKEN CAESAR

Gem lettuce, smoked bacon, croutons, Caesar dressing & Italian cheese

### THE GRILL'S BEEF BURGER

Steak pattie, pulled beef shin, caramelised onion, Emmental cheese, Pickle, mustard & fries (s)

### FRIED HADDOCK & CHIPS

Tempura fish, triple cooked chips, mushy peas, tartare sauce, lemon

## HEALTHY POKE BOWLS

Themed Protein, short grain rice and plenty of veggies make up our poke bowls

### SALMON TERIYAKI BOWL

Grilled Salmon Teriyaki, rice, edamame, cucumber, avocado, tomato salsa, radish (s) (gf)

### CHICKEN BURRITO BOWL

Chicken breast, chipotle smokey black beans, rice, tomato salsa, avocado, gem lettuce, sweetcorn, grated cheese (v) (gf) (s)

### STICKY PORK BELLY BOWL

Sticky pork belly with Chilli & Soy glaze, rice, edamame, cucumber, avocado, tomato salsa, radish (s) (gf)

*Vegan Tofu Poke also available on request (vg) (s) (gf)*

## DESSERT

### HONEYCOMB COUPE

Honeycomb ice cream with chocolate coated honeycomb (gf)

### THE GRILL'S STICKY TOFFEE PUDDING

Vanilla ice cream & butterscotch sauce

### STRAWBERRY SHORTCAKE

Mascarpone cream (v)